



2018 Heart of Virginia 10K Run & 5k Walk

Saturday, May 5th, 8:30 AM

10K Race Description: The 10K begins at Hampden Sydney College, near the intersection of College Road and Via Sacra, and follows a mostly downhill, fast course along Back Hampden Sydney Road to the finish at First Avenue Field in Farmville, Virginia. Timing and scoring of the 10K run will be provided. Medals will be presented to the top 3 overall male & female finishers and top finishers in each age category that participated in the 10K. Categories for men and women include: 18 & under, 19 – 29, 30 – 39, 40 – 49, 50 – 59, 60 & over.

5K Walk Description: The 5K begins at the intersection of Back Hampden Sydney Rd. and Restful Acres Lane. From there the course will follow Back Hampden Sydney Road to the finish at First Avenue Field.

Shuttle Service: Transportation will only be available to the 10K & 5K start lines from 7:30-8:15 AM. You may leave your car at the finish line (First Ave Field). The Shuttle Stop will be at the finish line (First Avenue Field).

Registration/Package Pickup: (All race day registrants must register at the finish line (First Avenue Field) before being shuttled to their start line. Registration forms/packages will not be available at the start lines)

Friday, May 4 th	Registration/Package Pickup	Firemen’s Sports Arena (1328 Zion Hill Rd.): 8:00AM – 6:00 PM
Race Day, May 5 th	Registration/Package Pickup	Finish Line (First Avenue Field): 7:00AM – 8:00AM
Race Starting Time	8:30 AM (10K Run & 5K Walk)	

Please check the event you will participate in: 10K Run _____ or 5K Walk _____

Name: _____ **Date:** _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Email: _____ **Phone:** _____

Age on May 1: _____ **Gender:** M or F **T-shirt Size:** S M L XL XXL

Emergency Contact: _____ **Phone #:** _____

Declaration of Authenticity Contract and Waiver

Please read the following statement carefully. To participate, you must sign and return this statement with your application.

- I do hereby waive the Town of Farmville, Festival Board of Directors, any sponsor or fellow participant, from any liability due to personal injury, loss or damage to any property that may occur during the Heart of Virginia 10K Run/5K Walk.
- I understand and comply with the Heart of Virginia Festival General Guidelines and Rules for Participation which can be located at www.heartofvirginia.org
- I agree to allow the Heart of Virginia Festival Board full use of images and other promotional materials (photographs, video tape, audio tape) taken during the Festival for purposes of promoting the Festival this year and in future years.

Signature

Date

Parent signature if participant is under 18

Date

Before mailing, be sure that you have included the following:

- Completed 2018 Heart of Virginia 10K/5K Application with signed Declaration of Authenticity Contract & Waiver
- Please make checks payable to Heart of Virginia Festival

Mail to: Heart of VA Festival
P.O. Box 35
Farmville, VA 23901

Entry Fees: 10K: Postmarked/Received by: March 31st: \$20 April 1st – 20th: \$25 April 21st - Race Day: \$30
5K: Postmarked/Received by: March 31st: \$15 April 1st – 20th: \$20 April 21st - Race Day: \$25

- 10K & 5K entry fees are non-refundable. T-Shirts are only guaranteed to the first 150 participants.

For more information & directions please contact the Farmville Rec. Department at 434-392-3737, cbolt@farmvilleva.com, or visit www.heartofviriniga.org.